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NHS
Torbay and South Devon
NHS Foundation Trust

Does someone rely on you for support

with their physical or mental health, a learning disability, drug or alcohol issue, or because they are vulnerable?

If you are not paid for this (apart from benefits),
you are probably an unpaid Carer.
There is a lot of support available in Torbay.

Carers' Celebration Event

Someone you know is a Carer – but do they know it yet?

Saturday 21 November 2026 | **10am to 2pm** | **Paignton Library** Great Western Road, Paignton TQ4 5AG

- **Information, advice and guidance**
- **Free tea, coffee and cake**
- **Family-friendly activities**
- **And much more**

For more information, please contact Signposts for Carers:

01803 66 66 20 | **signposts@nhs.net** | **www.tsdft.uk/carers**

Scan to visit our website

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