



Carers' Celebration and Information Day

Paignton Library
Saturday 23rd November 2024
10.00am – 2.00pm

Celebrating Carers' Rights Day,
helping people who care for family or
friends get the support they need
(with Library's Christmas Market)

Information Stands
Family Friendly Activities
Free Coffee and Cake for Carers
Carers' Advice and Support
and much, much more...

Everyone welcome!

Website: www.tsdfc.uk/Carers
Facebook: **TorbayCarers**
Email: signposts@nhs.net
Tel: **01803 208455**

