

## REFERRAL INFORMATION

Young Adults Carers provides a range of support for Young Adults aged 16 - 25 years old who are caring for, or helping to care for someone who has a long term illness, disability, frailty, mental ill-health, and drug or alcohol problem.

### WHO CAN REFER?

Referrals can be accepted from young adult carers, their families or from professionals working with young adults and their families. Please note that if referral is not a self-referral, the Young Adult Carer must have consented to the referral being made on their behalf. Our support will be more limited if the cared for and carer live outside of Torbay.

### HOW TO MAKE A REFERRAL?

Referrals can be made by completing one of the Referral Forms available from the service on request or accessing the Young Adult Carers' website and submitting a referral on line; or by telephone. In the case of Young Adult Carers that want to self refer, we are happy to meet up informally and help complete the form.

### WHAT HAPPENS NEXT?

We will acknowledge receipt of the referral both with the referrer and the Young Adult Carer. We would hope to make contact within 4 weeks to arrange an initial visit (**any problems in contacting the Young Adult Carer will be taken back to the referrer**).

The visit will enable us to assess the support required. If appropriate an offer of service will be made soon after the initial visit.

For more information, or to make a referral please contact:

Young Adult Carers  
Torbay and South Devon NHS Foundation Trust  
Room 17 Paignton Library  
Great Western Road  
Paignton, TQ4 5AG  
Phone: - 01803 208455/852421  
e-mail:- torbayyac@nhs.net